



100th ANNUAL

MCEVEDY

SHIELD



1922-2023



# Host Welcome

Tēnā koutou katoa

Nau mai, haere mai to all parents and caregivers, whānau, supporters, visitors and particularly Old Boys’ of the four colleges. Ngā mihi ki a koutou katoa.

On behalf of the Principals of Rongotai College, St Patrick’s College, Silverstream and Wellington College I welcome you all gathered here to celebrate the 100th McEvedy Shield Athletics meet. I wish all the very best to all the competitors from each of the four colleges participating in their respective events as they represent their College worthily with pride.

**Lumen Accipe et Imperti** - motto for Rongotai and Wellington College

**Sectare Fidem** - motto for St Patrick’s College Wellington and Silverstream.



Mike Savali

**TUMUAKI | RECTOR**

## Programme

	TRACK				FIELD	
Round 1	09.30 09.45 09.50 09.55 10.00	3000m 200m 200m 200m 200m	Under 14 Under 14 Under 15 Under 16 Open		09.30am to 10.10am	Under 14 High Jump Under 14 Shot Put Under 15 Javelin Under 16 Long Jump Open Discus
Round 2	10.05 10.15 10.25 10.35 10.45	3000m 800m 800m 800m 800m	Under 15/16 combined Under 14 Under 15 Under 16 Open		10.15am to 10.55am	Under 14 Triple Jump Under 15 High Jump Under 15 Shot Put Under 16 Javelin Open Long Jump
Round 3	10.55 11.05 11.10 11.15 11.20	3000m 100m 100m 100m 100m	Open Under 14 Under 15 Under 16 Open		11.00am to 11.40am	Under 14 Discus Under 15 Triple Jump Under 16 High Jump Under 16 Shot Put Open Javelin
11.30am LUNCH						
Round 4	12.00 12.05 12.10 12.15 12.30 12.35 12.40 12.45	Hurdles Hurdles Hurdles Hurdles 400m 400m 400m 400m	Under 14 Under 15 Under 16 Open Under 14 Under 15 Under 16 Open		12.00pm to 12.40pm	Under 14 Long Jump Under 15 Discus Under 16 Triple Jump Open High Jump Open Shot Put
Round 5	12.50 1.00 1.10 1.20	1500m 1500m 1500m 1500m	Under 14 Under 15 Under 16 Open		12.45pm to 1.25pm	Under 14 Javelin Under 15 Long Jump Under 16 Discus Open Triple Jump
Round 6	1.45 1.50 1.55 2.00	Relay Relay Relay Relay	Under 14 Under 15 Under 16 Open			

# Welcome to the 100<sup>th</sup> McEvedy

The 100<sup>th</sup> McEvedy Shield athletics competition will be held at Newtown Park on Tuesday 7 March 2023.

It has been held every year since 1922 apart from 1948, when it was cancelled due to a polio epidemic, and 2021, when it was cancelled because of COVID-19.

The McEvedy Shield is a prestigious annual athletics competition for students from St Patrick's College Town, St Patrick's College Silverstream, Wellington College and Rongotai College.



*The McEvedy Shield donated by St Patrick's College Town Old Boy Dr Patrick McEvedy.*

The shield was donated in 1922 by Dr Patrick McEvedy, a St Patrick's College Town Old Boy (1895-1898) who was an outstanding 1<sup>st</sup> XV rugby player and general sports enthusiast at the College.

In the early 1900s he travelled to England to study medicine at Guy's Hospital in London. During his years overseas he played rugby for Kent County (as captain) and for England. He toured New Zealand and Australia with Bedell-Seivwright's British Team in 1904 and with the Anglo-Welsh side in 1908, of which he was vice-captain.

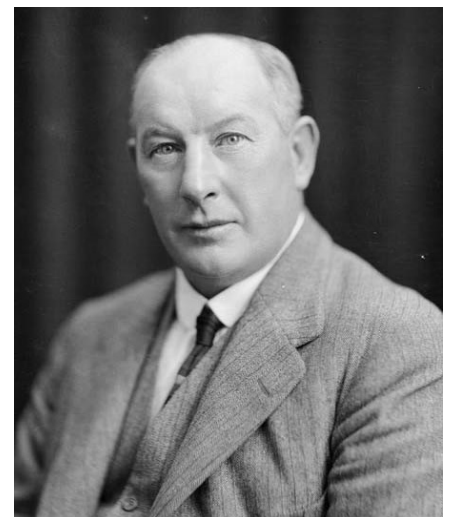
Dr McEvedy returned to New Zealand and practiced medicine in Wellington. He later became president of the Wellington and New Zealand Rugby Football Unions. He was chairman of the New Zealand Boxing Council and patron of the combined St Pat's Old Boys' Athletic Association Club. According to an article in the 1922 St Patrick's College magazine, the combined athletics event was set up by the newly-formed Wellington Secondary Schools Association and was aimed to foster athletics.

The Colleges which took part in the first event were St Patrick's, Wellington College, Scots College, the Technical College, Wellesley College, Petone District High School and Hutt District High School. In 1924 Wairarapa High School joined the association, later followed by Masterton Technical College and St Patrick's College, Silverstream. The event was held every November, usually at Athletic Park but sometimes at the Basin Reserve.

The programme of events including running races of various lengths (100 yards to half a mile) plus hurdles, long jump and high jump. Entrants were divided into three categories – seniors, intermediates and juniors. Junior was under 14 and a half years at October 1, intermediate under 16 and a half, and senior those under 20 years.

Initially the event was known as the Annual Athletic Sports of the Combined Colleges or the Combined Secondary Schools Athletic Meeting. The winner of the championship received the McEvedy Shield and this is the name by which the event is now known. Dr McEvedy believed that sporting achievements were worthy goals to strive for. He encouraged

young men to try hard, and gave them the ideal that the "trier" has a true place in the sporting arena, that defeats are accepted in the spirit of true sportsmanship and can be stepping stones to victory.



*Dr Patrick McEvedy who believed that sporting achievements were worthy goals to strive for. Photograph: Crown Studios Collection PAColl-7056, Alexander Turnbull Library. Ref 1/1-032486-F.*

Dr McEvedy's love for sport and true sportsmanship moved him to promote the spirit of athletic competition by donating the shield that bears his name. His belief that to strive hard is the true measure of success is embodied in the current shield competition. He knew and encouraged the feeling of pride that each boy must experience and develop in representing his school worthily.

The event is now held at the all-weather athletics track at Newtown Park. St Patrick's Town and Wellington College are the only original Colleges still taking part. The other Colleges that currently compete are St Patrick's Silverstream (which opened in 1931) and Rongotai College.

**Rosemary McLennan,  
SPC Archivist**

# St Patrick's Town - Where are they Now?

**Name:** Martin Johns

**Years competed:** 1983-1987

**What events did you specialise in?**

400m, 800m and 1500m.

**How many titles did you win?**

11

**What are you up to these days?**

Living in Fort Collins, Colorado, with my wife, Nikole, and four children, Ella (17), Delaney (15), and twins Will and Brooke (13). We have owned and operated two health clubs in Fort Collins since 2009. I stay in good shape to primarily keep up with my wife and kids, all outstanding athletes in their own rights.

**Did you continue in athletics after you left College, and if so, to what level?**

I came to the United States to attend Adams State College in Alamosa, Colorado. Represented New Zealand at the 1995 World Championships and 1996 Atlanta Olympic Games.

**What was your greatest McEvedy memory?**

There are two. The first is the students, with their chants and Haka. The Olympic Games only rival its amazing atmosphere. Second was the ability to captain my senior year and hold the mighty McEvedy Shield aloft to the team and student body. Unbelievable.

**Did you have an arch rival through your McEvedy years. If so, what was his name and tell us about that rivalry?**

Honestly, there was not an actual rival. We all respected each other, had a good time, and we all

wanted to win. We had an amazingly deep and talented middle-distance team throughout my time at St Pat's. We pushed each other every day, which made us all better athletes. It was the foundation on which my future athletic endeavours were built.

**Who were your greatest influences during your athletic career?**

Definitely Mr. Sawaya and Mr. Coulston. They were very different coaches and personalities, but together they oversaw one of the great periods in St Pat's track and field history. Mr. Sawaya was the American with the motivational skills, and Mr. Coulston the calm coaching master.

**Do you still follow your College's sporting exploits or keep in touch with any of your old teammates?**

Absolutely. With the advent of the internet and social media, it has become much more acces-



sible to follow and watch online. Technology has definitely allowed me to stay in touch. I watch track, 1<sup>st</sup> XV rugby, and much more. It has also been fun to reconnect with former teammates and alumni on social media platforms and learn more about their lives since their college days over 30 years ago.

**What makes McEvedy such an iconic event on the school sports calendar?**

The spectators. The students. Without a doubt, I know there is no athletic competition anywhere that incites enthusiasm and school pride like the McEvedy Shield.



# St Patrick's Town - Where are they Now?

**Name:** Mathew Coad

**Years competed:** 1989-1993

**What events did you specialise in?** 100m, 200m, 400m, 4x100m relay.

**How many titles did you win?**

15 - 100m x4 (90-93), 200m x5 (89-93), 400m x1 (89), 4x100m x5 (89-93).

**What are you up to these days?**

I have been living in Auckland since 2004. I'm married to Fiona and we have two daughters (aged 12 and 8) and a son (10). Work wise we own and run a small Civil Construction company that specialises in constructing residential subdivisional developments around the 30 to 200 lot size.

Outside of work, we spend quite a bit of time with the children and all their activities. My spare time is spent mainly riding mountain bikes. I've also completed an Ironman, several half's, a 60km off-road marathon and a Wellington to Auckland road ride.

**Did you continue in athletics after you left College, and if so to what level?**

Yes, I carried on sprinting through to 2001. I finished up with a back injury that forced me to take a break from running and it was then that I got into mountain biking. As a sprinter I went to the Olympics (Atlanta 1996) 200m and the Commonwealth Games (Kuala Lumpur, 1998) 200m. I held the NZ national residents record 200m (20.62s) 1996-2017 and won NZ national senior titles, 200m x3, 100m x2.

**What was your greatest McEvedy memory?**

The way the whole school got involved in the event. There isn't another event in NZ (at least during the period that I was at school), that has that support and atmosphere. It is great that it has managed to be held 100 times. It really is an experience that most competing will remember for a long time.

On the track one moment that stands out was in the 4x100m in my last year. Our team dropped the baton at the second exchange. Luckily, our third runner picked it up and decided to keep going. We managed to catch up and just won by a couple of 100<sup>th</sup> of a second. Perfect example of not giving up!!

**Did you have an arch rival through your McEvedy years. If so, what was his name and tell us about that rivalry?**

Not really one person. My aim in the 200m in particular was typically to try and have a faster time than the winner of the next age group up.

**Who were your greatest influences during your athletics career?**

Coach Alan Coulston. Alan coached me for almost my whole athletics career. I met him in the third form (1989), when he was teaching at St Pat's. He coached me through to 1999 when he left NZ to teach overseas.

Other athletes to have an influence on me were Andrew Collins, an ex Rongotai College sprinter who ran in the 400m at the 1990 Auckland Commonwealth Games and international athletes Carl Lewis and Linford Christie.



**Do you still follow your College's sporting exploits or keep in touch with any of your old team-mates?**

Life gets pretty busy but when I get a chance I jump online each year and see how McEvedy has gone.

**What makes McEvedy such an iconic event on the school sports calendar?**

The history of the event the way all four schools get involved in the day. It makes quite an impression on you as a junior in the school. The chanting really adds to the experience of the whole day. I remember going to watch McEvedy Shield as a 12 year old the year before I started at St Pat's. I'd never seen or heard anything like it and found it unreal that I'd be part of it the next year.



# St Patrick's Town - 5 to Watch...

We take a look at five athletes from St Pat's Town who are expected to shine today.

## Ryan Mallon

**Age group:** Senior Open

**Events:** 100m, 200m, Triple Jump, Long Jump, 110m Hurdles, 4x100m relay



The St Pat's athletics captain is one of the country's top triple jumpers and he will also figure prominently in the sprints

Ryan won four McEvedy titles last year and in the process broke a 21 year-old record in the U16 triple jump when he leapt 13.35m.

He rates his career highlight as the last gasp bronze leap of 13.59m in the senior triple jump in the NZSS champs in December. That is his PB.

Ryan's brother Josh is a former McEvedy 100m sprint champion. Ryan will trial for the 1<sup>st</sup> XV rugby team later this month as a wing/fullback.

## Nelsson Tiumalu

**Age group:** U15

**Events:** Shot Put, Discus

A powerful thrower, his career highlight is winning the silver medal in the U16 shot put at the NZSS champs last year, as a Year 9. He has personal bests of 47.60m in the Discus and 13.46m in the Shot Put.



Nelsson is a talented rugby player and you can expect to see him in the midfield for the U15 A team this year.

## Jaguun Gunregjav-Willers

**Age group:** U16

**Events:** 400m, 800m, 1500m

Known to all as "Jag", the Year 11 student likes to dominate his races from the front. His personal bests are 53.20s in the 400m, 1m 59s in the 800m and 4m 13sec in the 1500m.



His career highlight is a second place in the 800m at the 2021 NISS Champs. He won bronze in the steeplechase at the NZSS champs last year.

Jag is a promising footballer and will challenge for a place in the 1<sup>st</sup> XI.

## Zack Kimmins (bottom left)

**Age group:** U15

**Events:** 100m, 200, 4 x 100m relay

An exciting sprinter, who rates his recent 100-200m double at the Wellington Championships as a career highlight. Zack's best times are 11.64s in the 100m and 23.90s in the 200m. After the track season he will chase a spot on the wing for the U15 A rugby team.



## Lebron Cosgrave (bottom right)

**Age group:** U15

**Events:** High Jump, Long Jump, Triple Jump

Promising jumper, who made a name for himself last year with McEvedy titles in the High Jump and Triple Jump as well as a third placing in the Long Jump. Lebron has personal bests of 1.76m (High), 5.25m (Long) and 12.07 (Triple).

Lebron's other passion is music. He sings, plays piano, bass and double bass.



# Wellington College - 5 to Watch...

We take a look at five athletes from Wellington College who are expected to shine today.

## Leo Yousuf

**Age group:** Open



Leo is one of the Wellington College Co-Captains.

His recent achievements include a Silver in the Under 18 grade at Wellington Athletics Champs in the 100m and 200m.

He is one of the faster U18 sprinters in country over 100m (8th at NZ Track & Field Champs in 2022).

Last year at McEvedy he won the Under 16 100m and 400m and was a member of the winning Under 16 4x100m relay team

Leo is also a top student in Maths and Science and is a member of the Accelerate class at WC.

## Heath Abbot

**Age group:** U16



Year 12 student Heath is one of NZ's top age group hammer throwers.

Hammer is not a McEvedy event so he will be taking part in the Under 16 Discus.

Heath's 2022 achievements with Hammer include breaking the Athletics Wellington U16 record with a throw of 60.24m, 4<sup>th</sup> at the Australian Track and Field Champs in Sydney in Under 16 and Silver in the Junior Grade at NZSS Champs.

Heath also plays competitive basketball.

## Ben Brunner

**Age group:** Open



Ben was McEvedy Under 16 800m & 1500m Champion in 2022 and will look to repeat this as he steps up to the Senior grade.

He was the Under 16 Wellington Middle Distance Runner of the Year in 2022 and a finalist in the Senior 1500m at the New Zealand Secondary Schools Champs in 2022.

He works as a food and beverage attendant at Sky Stadium.

## Joe Martin

**Age grade:** U16

The Year 11 athlete is one of the region's top middle-distance runners in his age category.

At last year's McEvedy, Joe won the U15 1500m and came 2<sup>nd</sup> in the 800m. He achieved the same results at the Wellington Regional Track and Field Championships.

Alongside track, Joe enjoys



cross-country running and playing rugby.

## Tom Hughson

**Age group:** U14

Tom is a keen sprinter who won the McEvedy Under 14 400m title in 2022 and placed in the 100m and 200m. He was also in the winning WC 4 x 100m relay team.

Tom won the Junior 200m and 300m titles at CSW Regional Champs in 2022 and he was a semi-finalist in the Junior 200m at NZSS Champs in December.

Tom is also a keen middle distance runner and was part of the WC silver medal-winning 6-man team in the NZSS Year 9 3km Road Race, and the NZSS Year 9 Cross Country in 2022. He also plays cricket and rugby as an outside back.



# Wellington College - Where are they Now?

## Ryan Tinkle (2005-2009)

### Years competed:

I was a reserve for discus in Year 9 in 2005 but competed in the years 2006 - 2009 across a range of events.

### What events did you specialise in?

I specialised in the throwing events of shot put and discus but also competed in the 100m, relay, long jump, triple jump, high jump, hurdles and javelin.

### How many titles did you win?

I think I won around 10 titles during my time competing in the McEvedy Shield: Discus, LJ and TJ in 2006, HJ, SP, 100m and relay in 2007, SP and Discus in 2008 and 2009.

### What are you up to these days?

I am back living in Wellington with my partner after a couple of stints in Aussie. We have just had a baby daughter born in December last year so am adjusting to parenting life. I am working as a registered nurse at Wellington Hospital.

### Did you continue in athletics after you left College, and if so to what level?

I continued athletics until I was 22. I specialised in hammer throw after finishing school and won the NZ under 20 title for five years and came runner up in the Senior Men's hammer throw for 4 or 5 years.

### What was your greatest McEvedy memory?

My favourite memory was winning in 2007 where I performed really well gaining PBs in a few different events and scoring 20 points for our team. Another highlight was winning the shield back from St Pat's Town in my final year 2009.

### Did you have an arch rival through your McEvedy years. If so, what was his name and tell us about that rivalry?

I had no specific arch rival. There were always a lot of talented athletes in a number of events that I competed against.

### Who were your greatest influences during your athletics career?

My late coach Phil 'Taffy' Jones was the greatest influence I had in athletics. He was a big part of why I was able to succeed in the throws, putting in a lot of time and effort and pushing me to always be better.

### Do you still follow your College's sporting exploits or keep in touch with any of your old team-mates?

I have been out of touch with the college sporting scene for a long time but my brother Mark Tinkle is often filling me in as he coaches the Wellington College team. I have some good friends to this day that also competed in the McEvedy shield at college.



### What makes McEvedy such an iconic event on the school sports calendar?

The main things that make McEvedy such an iconic event in the schools sporting calendar is the whole school showing up to spectate and support the athletes. This creates the unique atmosphere that McEvedy is known for. Also, the history of the event and the long-standing rivalry between the schools make it very exciting and competitive between the schools.



# Wellington College - Where are they Now?



**Liam Webb (2013-2017)**

**Years competed:** 2014-2017

**What events did you specialise in?** 200m & 400m.

**How many titles did you win?** I won the Senior 400m in 2017.

**What are you up to these days?** Moved to Sydney for University in 2018, completed a Bachelor of Business Management in Marketing and a Master of Commerce in Finance and am now working as a Digital Integration and Analytics Specialist.

**Did you continue in athletics after you left College, and if so to what level?** Still running - I had a break in my first year of university to have surgery on my knee but was back running at full strength in the 2019 season. I've been running at a national level, being an Australian national finalist and NZ National, NSW State & Oceania Area medallist.

## **What was your greatest McEvedy memory?**

Definitely captaining the team to the win in 2017 was a very special moment, but individually it was winning the senior 400m that year. I trialled but didn't make the team in 2013 but distinctly remember watching and wanting to be a part of it. I made the team in years to come but had mixed results, so it was very satisfying to find my event and win a senior race in my final year.

## **Did you have an arch rival through your McEvedy years. If so, what was his name and tell us about that rivalry?**

Josh Nairne from St Pat's Town, he'd won our age category's 400m in 2014, 2015 and 2016, with myself winning in 2017.

## **Who were your greatest influences during your athletics career?**

Mr Tinkle and the whole WC system had a great impact on my athletics career, looking back now I realised how fortunate I was to have a dedicated coaching team

offering the ability to train all year round. Many school systems may only offer it for the summer season or for the 6 week lead up to McEvedy. This influenced a solid work ethic and consistency into my training from early on - I still remember back to Mr Tinkle quoting a tough session as "money in the bank".

## **Do you still follow your College's sporting exploits or keep in touch with any of your old team-mates?**

Yes, still keep up with what's happening with WC sport via various Facebook groups, and I'm looking forward to coming back to watch the 2023 event.

## **What makes McEvedy such an iconic event on the school sports calendar?**

I think the whole school involvement makes McEvedy such an iconic event, the atmosphere from the crowds is unmatched by other college sporting events, and would be comparable to national level competitions.



# McEvedy Track Records

Event	Age Group	Record Holder	Time	School	Year
100m	Under 14	F Tau	11.48s e	St Patrick's Town	2012
100m	Under 15	M Tau	11.30s e	St Patrick's Town	2013
100m	Under 16	J Brooks	11.10s	St Patrick's Town	2007
	Under 16	Oliver Krijnen	11.21s e	Silverstream	2020
100m	Open	Andrew Underwood	10.70s	Wellington College	2007
	Open	Isaac Oliver	10.94s e	St Patrick's Town	2018
200m	Under 14	F Tau	23.76s e	St Patrick's Town	2012
200m	Under 15	S Ford	23.11s e	Wellington College	2013
200m	Under 16	Nick Kalivati	22.50s	Silverstream	2003
	Under 16	Oliver Krijnen	22.92s e	Silverstream	2020
200m	Open	Andrew Underwood	22.00s	Wellington College	2007
	Open	Isaac Oliver	22.31s e	St Patrick's College	2018
400m	Under 14	Fletcher Greaves	54.21s e	Silverstream	2010
400m	Under 15	Drew Rogan	52.30s	Wellington College	1999
	Under 15	Benson Oosterbaan	52.48s e	Wellington College	2011
400m	Under 16	Paul Young	51.00s	Wellington College	1992
	Under 16	Jack Shipp	52.52s e	Silverstream	2011
400m	Open	Paul Young	49.10s	Wellington College	1993
	Open	Liam Webb	50.4s e	Wellington College	2017
800m	Under 14	Alex Martin	2:07.15 e	Wellington College	2019
800m	Under 15	Cory Casey	2:02.00	Silverstream	2006
800m	Under 16	Max Press	1:58.74 e	Silverstream	2015
800m	Open	Paul Young	1:55.20	Wellington College	1993
1500m	Under 14	Stephen Jessep	4:26.40	Wellington College	1985
1500m	Under 15	Michael Tannock	4:10.60	Rongotai	1989
1500m	Under 16	Michael Tannock	4:10.60	Rongotai	1989
1500m	Open	Matthew Sutcliffe	4:03.29 e	Wellington College	2018
3000m	Under 14	Dylan Lynch	9:48.24 e	Wellington College	2017
3000m	Under 15	Stephen Jessep	9:10.90	Wellington College	1986
3000m	Under 16	Max Karamanolis	9:07.37	St Patrick's Town	2016
3000m	Open	Marcus Karamanolis	8:45.27 e	St Patrick's Town	2014
Hurdles	Under 14	Thomas Kelly	11.80s	St Patrick's Town	2003
	Under 14	Billy Proctor	11.89s e	St Patrick's Town	2013
Hurdles	Under 15	K Mitchell	14.00s	Rongotai	1989
Hurdles	Under 16	Nick Kalivati	13.50s	Silverstream	2003
		Arthur Nyel	14.60s	St Patrick's Town	2003
Hurdles	Open	Arthur Nyel	14.60s	St Patrick's Town	2005
Hurdles	Open	Matt Proctor	14.74s e	St Patrick's Town	2010
Relay	Under 14		14.74s e	Wellington College	2017
Relay	Under 15		45.51s e	Wellington College	2018
Relay	Under 16		44.83s e	Wellington College	2019
Relay	Open		43.30s	Wellington College	2007
			43.47s e	St Patrick's Town	2010

e - electronic recording

# McEvedy Field Records

Event	Age Group	Record Holder	Time	School	Year
Discus	Under 14	Va'a Tui	50.50m	St Patrick's Town	2020
Discus	Under 15	Gerald Ahnau	47.73m	St Patrick's Town	2014
Discus	Under 16	Ryan Tinkle	52.33m	Wellington College	2008
Discus	Open	Gerald Ahnau	55.57m	St Patrick's Town	2016
Shot Put	Under 14	Zion Trigger Faitele	15.33m	St Patrick's Town	2016
Shot Put	Under 15	Denny Te'o	14.30m	Rongotai	2013
Shot Put	Under 16	Nelson Asofa-Solomona	15.39m	Wellington College	2012
Shot Put	Open	D Sanele	16.72	Wellington College	2005
Javelin	Under 14	J Alaimoana	46.32m	St Patrick's Town	1989
Javelin	Under 15	Tim Robinson	49.86m	Wellington College	2017
Javelin	Under 16	Luke Mahoney	54.05m	Silverstream	1996
Javelin	Open	Cam Robinson	65.50m	Wellington College	2018
High Jump	Under 14	Andrew Cartmell-Gollan	1.72m	Wellington College	2003
High Jump	Under 14	Salese Paese	1.72m	St Patrick's Town	2011
High Jump	Under 15	Sautia Misa	1.92m	Silverstream	2018
High Jump	Under 16	Phelan Rona	1.89m	Silverstream	2020
High Jump	Open	Tom Vodanovich	1.98m	St Patrick's Town	2012
Long Jump	Under 14	Nathan Stirling	5.80m	St Patrick's Town	2013
Long Jump	Under 15	Sautia Misa	6.47m	Silverstream	2018
Long Jump	Under 16	Sautia Misa	6.50m	Silverstream	2019
Long Jump	Open	S Maitland	7.26m	Wellington College	1976
Triple Jump	Under 14	Salese Paese	12.39m	St Patrick's Town	2012
Triple Jump	Under 15	H Patel-Muxlow	12.60m	Wellington College	2018
Triple Jump	Under 16	Ryan Mallon	13.35m	St Patrick's Town	2022
Triple Jump	Open	R Parkinson	14.00m	Rongotai	1987



(l to r) Isaac Oliver SPC, Hamish Lock SS, Mitchell Stokes WC, Reon Paul RO

## McEvedy Captains 2023



Zayd Adam (Rongotai College), Guy Lees (Wellington College), McLean Forbes (St Pat's Silverstream) and Ryan Mallon (St Pat's Town)



Wellington College is chasing its eighth straight victory today and its 56<sup>th</sup> overall

## Rongotai College - 5 to Watch...

We take a look at five athletes from Rongotai College who are expected to shine today.

### Desmond Reddy

**Age group:** U15



Desmond became the national champion in the Year 9 boys cross country nationals last year and followed this up with two McEvedy titles in the u14 3000m and 1500m whilst also nabbing a 3rd place in the 800m. Now competing in the u15 grade he is looking to hold onto his titles.

Alongside running, Desmond is a keen footballer who trains regularly with the Ole academy.

### Xavior Sola

**Age Group:** U16



Xavior has produced some outstanding results in throws at a number of competitions. At the 2022 NZSS Track and Field competition, Xavior gained two 3<sup>rd</sup> places in the junior boys hammer and shot put alongside a 5<sup>th</sup> in discus. At last years McEvedy he won the double in shot and discus in the u15s. Now competing in the u16 he is looking to win both again.

Xavior is not only a part of the SolaPower Throwing Academy but is throwing guru Shaka Sola's Nephew.

### Marius Filo-Smith

**Age group:** U15



Marius is a 100/200m specialist and at last year's McEvedy Shield won both events with impressive performances in the u15 grade. At the 2021 CSW Athletics Regionals he also picked up a win in the u14 100m and a 2<sup>nd</sup> place in the 200m. He will be looking to have another strong year at McEvedy.

### Zayd Adam

**Age group:** Open

Zayd is Rongotai College's McEvedy Captain for 2023. He has been an outstanding athlete across a number of different athletic disciplines picking up McEvedy points in almost every event he has entered into over the past 4 years. This year he is

competing in the Open age grade in the 100m and 200m hoping to not only score some points but to beat his dad's PB.



### Va'a Tui

**Age group:** U16



Va'a is a real power athlete and makes anything he throws look easy. His early high school days were spent at St Patrick's College Town where he threw a McEvedy u14 Discus record of 50.50m in 2020. The pull of family old boy legacy at Rongotai College meant he has crossed over the Kilbirnie shops and now proudly attends and competes for Rongotai.

# Rongotai College - Where are they Now?

## Andrew Collins

**Years competed?** 1978 to 1982.

**What events did you specialise in?** 100m & 200m but frequently competed in the 400m and 4 x 100m & 4 x 400m relay.

**How many titles did you win?**

In excess of 10 at McEvedy numerous others outside of college.

**What are you up to these days?**

After serving 21 years in the NZ Police I resigned in 2005 and moved to Queensland Australia where I enjoyed numerous vocations, including Cafe ownership, Courtesy bus driver at a large RSL, commercial photography and the highlight was working for Apple as a product sales consultant.

Having moved back to NZ in 2019 my wife and I now reside on a 14 acre life style block in the Ōtaki Gorge and I am a self employed Apple product specialist. A ruptured disc in my lower back prevents any running, but I always enjoy watching International Track & Field and live an active life style and I am currently in the process of ticking off a bucket list item, that is building my own modest home.

**Did you continue in athletics after you left College, and if so, to what level?**

After leaving school I attained numerous sprint titles both locally and nationally including in 1987 winning the NZ Mens 400m title at Newtown Park and in 1990 represented NZ in the Auckland Commonwealth Games in the Men 4x400m relay, the last event of the games and placed 4th in the final. I then retired from Track and Field.

**What is your greatest McEvedy**

**memory?**

My greatest memory was in 1980 when Rongotai was placed 2<sup>nd</sup> on the day, however later that evening after a recount we were awarded the McEvedy Shield. Much celebration then took place well into the wee hours of the following day and that week at school, the entire school remained on a high.

**Did you have an arch rival through your McEvedy years. If so, what was his name and tell us about that rivalry?**

No rivalry to speak of however none of us enjoyed being beaten by Wellington College or St Pat's ever!

**Who were your greatest influences during your athletic career?**

As a 12 year old I attended an International Track meeting at Newtown Park. I watched in awe as Jamaican sprinter Don Quarrie and Hasely Crawford of Trinidad & Tobago ran the 100 and 200m this stirred something in me. I then joined the Kiwi Amateur Athletic Club and two years later at Rongotai College I discovered I had some pace which propelled me on my track and field career. HoD PE at the time Syd Turnbull was a great supporter and positive influence on me as was PE staff member Dave Ashby. Barbara and Dr Michael Beable were also instrumental in my early successes as my coaches.

**Do you still follow your College's sporting exploits or keep in touch with any of your old teammates?**

Sadly, with so many other interests and a job involving shift work I moved away from Track and Field



but did play soccer for a number of years as an adult and largely pursued other hobbies and followed my daughters sporting interests. I have kept in touch with the College though through the Old Boys Assn of which I am a life member and was very active in the Assn between 1993 and 2006 when I moved to Australia.

**What makes McEvedy such an iconic event on the school sports calendar ?**

In the 80's the entire school was invited to attend at Newtown Park and with the prospect of winning the shield almost the entire school would turn up to chant and scream for their team, those days are still talked about.



# Rongotai College - Where are they Now?

## Derek Froude

**Years competed:** 1973-1977.

I was already into athletics/running so competed every year.

**What events did you specialise in:**

I was better at longer distances, and I think the 1500 was the longest at McEvedy in those days - a bit short for me even then.

**How many titles did you win:**

I don't believe I won any. Perhaps I am mistaken. I won the Rongotai road race most years and Wellington secondary schools cross country on at least two occasions, but I was less successful on the track.

**What are you up to these days:**

Running became my life - ran a PB for the marathon in 2:11.07 which sits as a top 10 New Zealand. I attended my first Olympics in 1984 (marathon event) while at University, then in 1985 worked for two years at Athletics New Zealand in administration, then essentially went "professional" as a road runner, splitting my time between New Zealand and Boulder, Colorado, USA where I competed in road races and marathons for prize money. I got to the 1992 Olympics, at the marathon again, and a number of other championships including the World Track & Field Championships (at Marathon), the World Cross Country (4 times) and two World Cup Marathons. In 1994 I retired from competition to become a sports agent for other long-distance runners, something I still do today.

**Did you continue in athletics after you left College, and if so, to what level?**

See above.

**What was your greatest McEvedy memory?**

Winning the actual shield for team competition was the goal and I was very proud to play my part, even if the event range didn't suit me especially. There was great team pride.

**Did you have an archrival through your McEvedy years. If so, what was his name and tell us about that rivalry?**

My toughest rival was another athlete from Rongotai, though alas his name eludes me this moment. He was quicker than me, so routinely beat me in the likes of the Rongotai championships, McEvedy and also in a couple of the Rongotai road races.

**Who were your greatest influences during your athletic career?**

My biggest influences were coach Arthur Lydiard and the Olympic medalists he coached - Peter Snell, Murray Halberg, Barry Magee and more my era, the great John Walker.

**Do you still follow your College's sporting exploits or keep in touch with any of your old teammates?**

I have lived in the USA for over 30 years. I don't stay in touch with teammates much, something I regret, but I do pay attention to what Rongotai and Wellington high schools results I see, especially iconic events such as McEvedy.



**What makes McEvedy such an iconic event on the school sports calendar ?**

Not sure exactly, but it is probably, like many things, the lengthy history of the event that makes it special.

It's been a very long time - and in some ways, much as I was one of Rongotai's top track and field athletes, my specialty has always been the longer road races and especially the marathon at which I did the two Olympics. Back then, athletes in their early teens weren't allowed in longer races, which was a source of frustration for me at the time.



# SPC Silverstream McEvedy 100 - Legacy

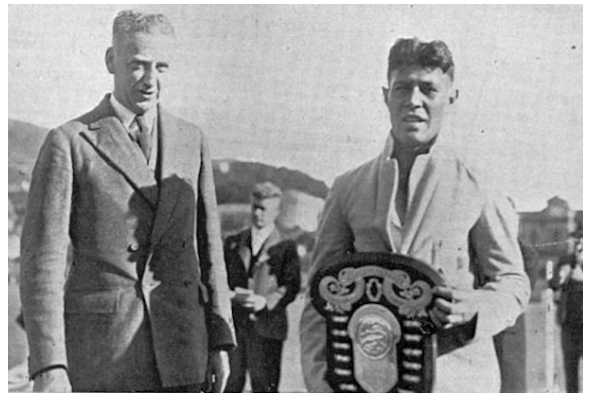
Silverstream joined McEvedy in 1932, after opening in 1931. By 1934 they won their first McEvedy, with Tom Tulloch, the Captain. The 1934 Blue and White records: “in the Senior division Tulloch’s performance was a remarkable one. He won the 100, 220 and 440 yards events, running with good judgement and husbanding his strength for the sake of the team”.



Tom was given a scholarship to attend Silverstream from his home, Tainui Marae, in Ōtaki. He was a force to be reckoned with on the Athletics track, and for the 1st XV Rugby team. After his time at Stream, he enlisted in the NZ Army, and rose to Sergeant during WW2, distinguishing himself yet again at the Battle of Casino in 1944. From Government House records: “During the early part of the attack his Platoon Commander was wounded,

and Sergeant Tulloch himself was wounded by grenade splinters. He immediately took charge of his Platoon and personally contacted a nearby tank and organised tank fire support which enabled him and his Platoon to overcome the nearest enemy strongpoint”.

Tom’s legacy at Stream was one of fearless endeavour, recognition of his contribution to the brotherhood that he was part of, putting others before himself. As a young Māori man, Tainui, Ngāti Raukawa ki Te Tonga, he forged a path between the Marists who sort to be Christ to Māori and the English centric NZ of the 1930’s. Tom we honour in the 100<sup>th</sup> McEvedy. Sectare Fidem.



Tom Tulloch

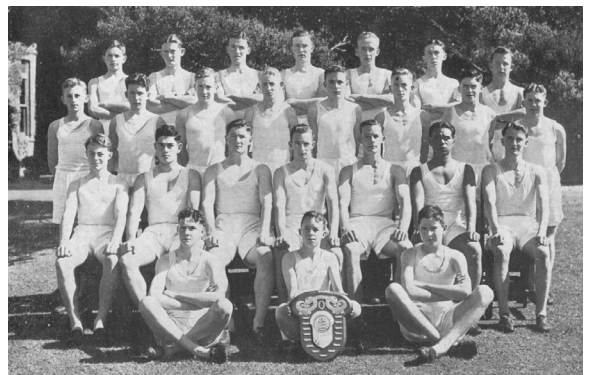
The McEvedy shield came back to Silverstream intermittently over the next 90 odd years.

Captains to follow, the legacy continued...

(r) 1940 D H O’Donnell



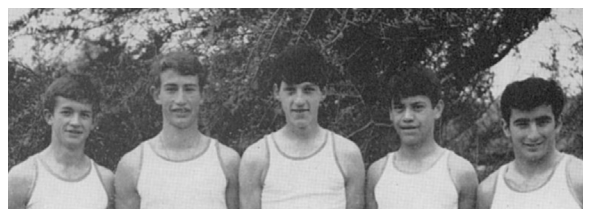
- 1943 D J Lyons (l)
- 1953 Peter Derig
- 1964 Darryl McEvedy, grandson of Dr McEvedy



(below, last on right) 1968 Joe Karam, start of the golden reign,

followed by 1969 Paul Tracey, 1970 Pat O’Brien, 1971 Edward Benton, 1972 Lindsay Hyslop and 1973 Paul Coles.

- 2002 Richard Davidson
- 2003 Sam Williamson



RECORD-HOLDERS IN ATHLETICS  
P. E. Venning, H. N. Brownlie, E. A. Benton, K. C. Luke, J. F. Karam.

The legacy of McEvedy at Stream. “To strive, when all energy is gone, to strive once again”.

## SPC Silverstream - 5 to Watch...

We take a look at five athletes from SPC Silverstream who are expected to shine today.

### Josh Jordan and Max Poland

Max and Josh are training mates over the middle distance Senior events. They were 5<sup>th</sup> and 6<sup>th</sup> in the NZ Secondary Schools Road Race Championships, and currently Max is ranked number 1 U18 in New Zealand over the 2K Steeplechase.



(I) Josh Jordan and Max Poland



(I) MacLean Forbes and Blaine Knapman

### MacLean Forbes and Blaine Knapman

Blaine was 4<sup>th</sup> in the Senior Boys javelin at NZ Secondary Schools, and has gone on to throw even further, now ranked 3<sup>rd</sup> in New Zealand U20 for the 800g Javelin, reaching 53.32m.

His training partner MacLean is a top 8 ranked thrower in NZ U20 in Javelin and Discus.

### Alex Hewitt

Alex is the current NZSS Senior Boys Silver Medallist in Hammer, and was named in the NZ Secondary Schools team.

While Hammer doesn't happen at McEvedy, he also participates strongly in Shot Put and Discus and relay.



Lane Draw 100 metres								
Lane	1	2	3	4	5	6	7	8
U14	RO	WC	SS	SPC	RO	WC	SS	SPC
	Spartis Shirinov	Harley Logovae	Milan Ekenasio	Xavier Gazard-Steele	Hemish Patel	Tom Hughson	Troy Waldrom	Cayne Purea-Hopokingi
U15	WC	SS	SPC	RO	WC	SS	SPC	RO
	Gus Norris	Kerr Botha	Zack Kimmins	Dylan Johason-Su'a	Jackson Chin	Josiah Tia	Perenise Patu	Yannick Sternagal-Silao
U16	SS	SPC	RO	WC	SS	SPC	RO	WC
	Michael Lopez	Tamiano Perez	Alex Fraser	Carisma Faitala	Jordan Russell	William Stenhouse	Teddy Stanley	Angus Currie
Open	SPC	RO	WC	SS	SPC	RO	WC	SS
	Petonio Foaeese	Zico Mcdougal	Leo Yousuf	Zack Ziogas	Ryan Mallon	Zayd Adam	Jacob Kennedy	Liam Dunlop-Brown

Lane Draw 200 metres								
Lane	1	2	3	4	5	6	7	8
U14	SPC	RO	WC	SS	SPC	RO	WC	SS
	Cayne Purea-Hopokingi	Spartis Shirinov	Tom Hughson	Troy Waldrom	Xavier Gazard-Steele	Hemish Patel	Libero Taupa'u	Milan Ekenasio
U15	RO	WC	SS	SPC	RO	WC	SS	SPC
	Yannick Sternagal-Silao	Zach Lindsay	Josiah Tia	Zack Kimmins	Dylan Johason-Su'a	Gus Norris	Max Lewer	Charlie Carter
U16	WC	SS	SPC	RO	WC	SS	SPC	RO
	Angus Currie	Jordan Russell	William Stenhouse	Teddy Stanley	Carisma Faitala	Yarran Groeneweg	Tamiano Perez	Lucas Cribb
Open	SS	SPC	RO	WC	SS	SPC	RO	WC
	Isaac Makoi	Ryan Mallon	Zayd Adam	Leo Yousuf	Zack Ziogas	Eamonn Ward	Divin Bissielo	Rauri Meo

Lane Draw Hurdles								
Lane	1	2	3	4	5	6	7	8
U14	RO	WC	SS	SPC	RO	WC	SS	SPC
	Cooper Burwell-Garratt	Sam Bulblia-Smart	Isaac Sanele	Arona Savali	Hemish Patel	Nikhil Ranchord	Kieran Dunlop-Brown	Aidan Rook
U15	WC	SS	SPC	RO	WC	SS	SPC	RO
	Joe Barr	Maxwell Perez	Conor Rook	Dylan Johason-Su'a	Jackson Chin	Conor Arthur	Matthew Barber	Joseph Fry-Hall
U16	SS	SPC	RO	WC	SS	SPC	RO	WC
	Kian O'Connell	Alipate Soro	Aston Burwell-Garratt	Robbie Fear	Ryo Sribunwongsa	Joshua Ingham	Quinn Kirk	Angus Currie
Open	SPC	RO	WC	SS	SPC	RO	WC	SS
	Ryan Mallon	Charlie Crawford	Callum Connell	Liam Dunlop-Brown	Riley Jarvis	Gordon Sio	Tom Riley	Fionn Shannon

Lane Draw 800 metres								
Lane	1	2	3	4	5	6	7	8
U14	SS	SPC	RO	WC	SS	SPC	RO	WC
	Sam Klausen	JJ Southee	Wolf Lindsay	Xavier James	Fletcher Cooper	Damon Krauss	Jaxon Tearikiau-Ford	Toby Brook
U15	SPC	RO	WC	SS	SPC	RO	WC	SS
	Bernard Stallard	Alex Bolger	Logan Hopfler	Blake Miscall	Alfie Downing	Charlie Little	Liam Galt	Albie Betteridge
U16	RO	WC	SS	SPC	RO	WC	SS	SPC
	Harison Clulow	Joe Martin	Athan Thompson	Jaguun Gunregjav-Willers	Luca Bordignon	Adam Baker	Jayden Smith	Surafil Keleab
Open	WC	SS	SPC	RO	WC	SS	SPC	RO
	Jamie Wildash-Chan	Rio Winkworth	Wilson Li	Nic Ball	Ben Brunner	Oliver Heffernan	Ganpasquale Moreno	Jay Philp

Lane Draw 400 metres								
Lane	1	2	3	4	5	6	7	8
U14	WC	SS	SPC	RO	WC	SS	SPC	RO
	Tom Pescini	Troy Waldrom	Aidan Rook	Hemish Patel	Tom Hughson	Sam Klausen	Ashton Hamer	Heathlee Biskowiak-Williams
U15	SS	SPC	RO	WC	SS	SPC	RO	WC
	Blake Miscall	Bernard Stallard	Fletcher Cowan	Liam Galt	Max Lewer	Conor Rook	Tom Collier	George Gray
U16	SPC	RO	WC	SS	SPC	RO	WC	SS
	William Stenhouse	Lucas Cribb	Adam Baker	Jordan Russell	Jaguun Gunregjav-Willers	Teddy Stanley	Sam Gordon	Gerard Van Helsdingen
Open	RO	WC	SS	SPC	RO	WC	SS	SPC
	Luther Te Rito	Jacob Kennedy	Josh Allen	Lucious Pinto	Divin Bissielo	Torben Fear	Isaac Makoi	Eamonn Ward

Relays				
Lane	1	2	3	4
U14	SS	SPC	RO	WC
U15	WC	SS	SPC	RO
U16	RO	WC	SS	SPC
Open	SPC	RO	WC	SS

Shot Put								
Throw order	1	2	3	4	5	6	7	8
U14	RO	WC	SS	SPC	RO	WC	SS	SPC
	Mona Tevega	Libero Taupa'u	Troy Waldrom	Tavita Fuiono	Samson Taufili	Wyand Wolfaardt	Mika Daniel	Perez Lutu-Tavita
U15	SPC	RO	WC	SS	SPC	RO	WC	SS
	Nelsson Tiumalu	Kanah Pahulu	Te Aria Mani	Oasiyasi Manu	Kace Fata Tolai	John Tyrell	Rodney Winiata	Jahvaan Hunt
U16	SS	SPC	RO	WC	SS	SPC	RO	WC
	Heath Tuifao	Dante Ford-Tuveve	Xavior Sola	Heath Abbot	Jack Stowers	Jazaius Kalolo	Onel Solaqa	Ned Dassanayake
Open	WC	SS	SPC	RO	WC	SS	SPC	RO
	Israel Time	Alex Hewitt	Ronnie Sofeni	Va'a Tui	Fiti Aliva	MacLean Forbes	Karlo Anderson	AJ Liumaihetau

Discus								
Throw order	1	2	3	4	5	6	7	8
U14	WC	RO	SPC	SS	WC	RO	SPC	SS
	Joe Hopkinson	Cobey Bell	Chris Sofeni	Bailey Ross	Logan Raimona-Pahetogia	Samson Taufili	Thomas Tuimavave	Troy Waldrom
U15	SS	WC	RO	SPC	SS	WC	RO	SPC
	Jahvaan Hunt	Rodney Winiata	John Tyrell	Nelsson Tiumalu	Conor Sharkey	Laifone Kamoto	Kanah Pahulu	Kace Fata Tolai
U16	SPC	SS	WC	RO	SPC	SS	WC	RO
	Dante Ford-Tuveve	Ryan Tinney	Heath Abbot	Xavior Sola	Joshua Ingham	Jack Stowers	Archie Sims	Kayan Samuelu
Open	RO	SPC	SS	WC	RO	SPC	SS	WC
	Va'a Tui	Tomairangi Rapira-Davies	Alex Hewitt	George Woodman	Nico Metuariki	Noah Kalolo	MacLean Forbes	Finn O'Sullivan

Javelin								
Throw order	1	2	3	4	5	6	7	8
U14	WC	SPC	RO	SS	WC	SPC	RO	SS
	Ben Dye	Willem des Tombe	Cooper Burwell-Garrett	Ryder Thompson	Henry Woodman	Chris Sofeni	Codie Tawhiri	Aaron Keene
U15	SS	WC	SPC	RO	SS	WC	SPC	RO
	Daniel Pinchin	Eddie Fraser	Aden Hedges	Dylan Johason-Su'a	Oscar Jones	Kade Westbrook	Antony Faimalo	Leo Powdrell
U16	RO	SS	WC	SPC	RO	SS	WC	SPC
	TJ Robinson	Lukas LaFrentz	Archie Sims	MJ des Tombe	Joseph Hilawi	Keagan Sharkey	Troy Plumtree	Ioane Aukusitino
Open	SPC	RO	SS	WC	SPC	RO	SS	WC
	Riley Bracewell	Gordon Sio	MacLean Forbes	Andre Gaulofo	Louis Ayres	Tane Robinson	Blaine Knapman	Ollie Watt

Long Jump								
Jump order	1	2	3	4	5	6	7	8
U14	<b>SPC</b> Cayne Porea-Hopokingi	<b>SS</b> Maikool Hori	<b>WC</b> Leevae McDonald	<b>RO</b> Spartis Shirinov	<b>SPC</b> Willem des Tombe	<b>SS</b> Joseph Leonard	<b>WC</b> Harley Logovae	<b>RO</b> Nicky Mellas
	<b>SS</b> William Davis-Lenz	<b>WC</b> Will Reiterer	<b>RO</b> Fletcher Cowan	<b>SPC</b> Conor Rook	<b>SS</b> Kerr Botha	<b>WC</b> Achilles Leifi-Shirley	<b>RO</b> Rim Wiertsema	<b>SPC</b> Lebron Cosgrave
U16	<b>RO</b> Aston Burwell-Garratt	<b>SPC</b> MJ des Tombe	<b>SS</b> Yarran Groeneweg	<b>WC</b> Carisma Faitala	<b>RO</b> Kulcha Marsters	<b>SPC</b> Dominic Mettrick	<b>SS</b> Josh Bryant	<b>WC</b> Regan Kwan
	<b>WC</b> Tom Riley	<b>RO</b> Jet James	<b>SPC</b> Riley Jarvis	<b>SS</b> Josh Wanden	<b>WC</b> Charlie Hannah	<b>RO</b> Jamieson Harvey-Lawn	<b>SPC</b> Ryan Mallon	<b>SS</b> Ryo Sribunwongsa

Triple Jump								
Jump order	1	2	3	4	5	6	7	8
U14	<b>WC</b> Reuben Stevens	<b>RO</b> Cooper Burwell-Garratt	<b>SPC</b> Arona Savali	<b>SS</b> Maikool Hori	<b>WC</b> Leevae McDonald	<b>RO</b> Nicky Mellas	<b>SPC</b> Willem des Tombe	<b>SS</b> Milan Ekenasio
	<b>SS</b> Lachie Kennedy	<b>WC</b> Gus Norris	<b>RO</b> Fletcher Cowan	<b>SPC</b> Lebron Cosgrave	<b>SS</b> Arana Robertson	<b>WC</b> Achilles Leifi-Shirley	<b>RO</b> Dylan Johanson-Su'a	<b>SPC</b> Charlie Hale
U16	<b>SPC</b> MJ des Tombe	<b>SS</b> Kian O'Connell	<b>WC</b> Regan Kwan	<b>RO</b> Aston Burwell-Garratt	<b>SPC</b> Oliver Florance	<b>SS</b> Josh Bryant	<b>WC</b> Sam McLellan	<b>RO</b> Tui Howe
	<b>RO</b> Charlie Crawford	<b>SPC</b> Ryan Mallon	<b>SS</b> Josh Wanden	<b>WC</b> Tom Riley	<b>RO</b> Jamieson Havey-Lawn	<b>SPC</b> Vincent Patelesio-Galuo'meli	<b>SS</b> Ryo Sribunwongsa	<b>WC</b> Charlie Hannah

High Jump								
Jump order	1	2	3	4	5	6	7	8
U14	<b>RO</b> Caeden loapo	<b>SPC</b> Arona Savali	<b>SS</b> Fletcher Cooper	<b>WC</b> Sam Bulbulia Smart	<b>RO</b> Roshan Dias	<b>SPC</b> Ashton Hamer	<b>SS</b> Maikool Hori	<b>WC</b> Savion Polyblan
	<b>WC</b> Achilles Leifi-Shirley	<b>RO</b> Dylan Johanson-Su'a	<b>SPC</b> Lebron Cosgrave	<b>SS</b> Conor Arthur	<b>WC</b> Clayton Wills	<b>RO</b> Angus Sharp	<b>SPC</b> Matthew Barber	<b>SS</b> Maxwell Perez
U16	<b>SPC</b> Archie Georgeson	<b>SS</b> Yarran Groeneweg	<b>WC</b> Sam McLellan	<b>RO</b> Sema Robati	<b>SPC</b> Joshua Ingham	<b>SS</b> Kian O'Connell	<b>WC</b> Shea Boshier	<b>RO</b> Ben Young
	<b>SS</b> Josh Wanden	<b>WC</b> Sam Mastreani	<b>RO</b> Felix Steiner	<b>SPC</b> Lancer Leilua-Tiatia	<b>SS</b> Samasoni Hewitt	<b>WC</b> Fraser Belliss	<b>RO</b> Kea Reid	<b>SPC</b> Riley Jarvis

1500m				
	RO	SS	SPC	WC
<b>U14</b>	Hugo Champion Hunter Taylor	Fletcher Cooper Alvaro Grave	Lachlan Maclean Darragh Williams	Sam Bulbulia-Smart Sam Coster
<b>U15</b>	Desmond Reddy Riley Lester	Blake Miscall Finnbarr Hanrahan	Logan Hight Xavier Glass	Logan Hopfler Silas Campbell
<b>U16</b>	Harison Clulow Rico Taylor	Callum Wos Athán Thompson	Jaguun Gunregjav-Willers Connor Kemp	Joe Martin James Ellwood
<b>Open</b>	Manawa Mitcalfe-Matthews Zac Thomson	Josh Jordan Max Poland	Wilson Li Conor Chesney	Ben Brunner Guy Lees

3000m				
	RO	SS	SPC	WC
<b>U14</b>	Hugo Champion Hunter Taylor	Alvaro Grave Bair Waldrom	Damon Krauss Charles McDougall	Nico Holmes Sam Coster
<b>U15</b>	Desmond Reddy Riley Lester	Dominic Rogers William Lemon	Alfie Downing Zak Ramaekers	George Gray Silas Campbell
<b>U16</b>	Rico Taylor Marcus Locke	Callum Wos Caleb Walkinshaw	Connor Kemp Jack Clark	James Ellwood Harrison Wills
<b>Open</b>	Manawa Mitcalfe-Matthews Bobby Standard	Max Poland Josh Jordan	Jacob Rodgers Conor Chesney	Guy Lees Suleiman Mohamud

## Historical Results

Year	Winner	Year	Winner	Year	Winner	Year	Winner
1922	Wellington College	1947	Wellington College	1974	Rongotai College	2001	Wellington College
1923	Wellington College	1948	No Meeting	1975	Rongotai College	2002	Silverstream
1924	Wellington College	1949	Wellington College	1976	Wellington College	2003	Silverstream
1925	Wellington College & Wairarapa College	1950	Wellington College	1977	Wellington College	2004	Wellington College
1926	Wellington College	1951	Wellington College	1978	Wellington College	2005	Wellington College
1927	Wairarapa College	1952	St Patrick's Town	1979	Wellington College	2006	Wellington College
1928	Wellington College	1953	Silverstream	1980	Rongotai College	2007	Wellington College
1929	Wellington College	1954	HVHS	1981	Rongotai College	2008	St Patrick's Town
1030	Wellington College	1955	Wellington College	1982	St Patrick's Town	2009	Wellington College
1931	Wellington College	1956	Wellington College	1983	St Patrick's Town	2010	St Patrick's Town
1932	Wellington College HVHS	1957	Wellington College	1984	St Patrick's Town	2011	Wellington College
1933	Wellington College	1958	HVHS	1985	Wellington College	2012	St Patrick's Town
1934	Silverstream	1959	Wellington College	1986	St Patrick's Town	2013	St Patrick's Town
1935	Silverstream	1960	St Patrick's Town	1987	St Patrick's Town	2014	St Patrick's Town
1936	Wellington College	1961	Wellington College	1988	St Patrick's Town	2015	Wellington College
1937	Wellington College	1062	St Patrick's Town	1989	Rongotai College	2016	Wellington College
1938	Wellington College	1963	St Patrick's Town	1990	St Patrick's Town	2017	Wellington College
1939	Wellington College	1964	Silverstream	1991	St Patrick's Town	2018	Wellington College
1940	Silverstream	1965	Wellington College	1992	St Patrick's Town	2019	Wellington College
1941	Wellington College	1966	Rongotai College	1993	Wellington College	2020	Wellington College
1942	Wellington College	1967	Rongotai College	1994	Wellington College	2021	Cancelled / COVID-19
1943	Silverstream	1968	Silverstream	1995	Wellington College	2022	Wellington College
1944	Wellington College	1969	Silverstream	1996	Wellington College	2023*	
1945	St Patrick's Town	1970	Silverstream	1997	Wellington College		
1946	Wellington College	1971	Silverstream	1998	St Patrick's Town		
		1972	Silverstream	1999	Wellington College		
		1973	Silverstream	2000	Wellington College		

\* Marks the 100<sup>th</sup> McEvedy Shield competition

# Organising College: St Patrick's Town

**Event Managers:** Leigh Lidstone, Jonathan Millmow and Kristina Rybinski

**Heads of College Athletics:** Jordan Carey (RO), Hugh Steel (SS), Mark Tinkle (WC), Leigh Lidstone (Town)

**Appeals Committee:** Geoff Henry (AW) – Track, Abi Skelton (AW) - Field, Wayne Mills (Town), Phil Bergin (WC), Katherine Miles (SS) & Venkat Reddy (RO)

Starter	Chris Cathcart	Timekeeping (hand)	Andrew Brennan (SPC)
Photo Finish	Peter Baillie (AW), Yechiel Pernecita Gage Matheson Jones (SS students)	High Jump	Ben Phillips, Scott Leggatt, Joel Stewart (SS)
Results	David Fa'atafa, Tracey Deveraux Liam Good (CSW)	Long Jump	Peter Hicks, Daniel Tagaloa, JP Jaurigue (SS)
Track Referee	Geoff Henry (AW)	Triple Jump	Blake Robinson & Brad Moon (WC)
Field Referee	Abi Skelton (AW)	Discus	Finlay Abbot, Stephane Glover, Lauren Hall (WC)
Stand Announcer	Matt Buck (SPC)	Javelin	Tim Noble, Chris Tupu, Jack Stewart (RO)
Field Announcer	Michael Ness (SPC)	Shot Put	Pemerika Leiataua, Bill Baird, Levi Loudon (RO)
Finish Line Manager	Cam Verall & Drew Lefao (SPC)	Hurdles	Michael L'Estrange (SPC)
Equipment	Tamsin Harvey (AW)	First Aid	Fiona Bowen / Deborah Foster (SPC)
Track Marshalls	Nick Iles & Gilbert Bowden (SPC)	Relay Officials	SS Change 1 Kevin Havell, Hugh Steel WC Change 2 – Blake Robinson, Lauren Hall RC Change 3 -Jack Stewart , Chris Tupu
Score Board/Streaming	Carol Carmody, Kate McClintock (SPC)		

Implement Weights				
	U14	U15	U16	Open
Javelin	600g	700g	700g	700g
Shot Put	4kg	5kg	5kg	5kg
Discus	1kg	1.25kg	1.25kg	1.5kg

Hurdle Specifications			High Jumps Starting Heights		
	Distance	Height	Colour Marking		Starting Heights
Senior	110m	.914m	Blue	Senior	1.55m
U16	100m	.840m	Yellow	U16	1.45m
U15	100m	.840m	Yellow	U15	1.40m
U14	80m	.760m	Black	U14	1.35m

# RICOH

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Thank you to Ricoh,  
*our preferred printer supplier for the support of the  
McEvedy Shield 2023*

